



THE BENEFITS OF OCCUPATIONAL THERAPISTS IN SCHOOLS

We are one of Adelaide's leading Occupational Therapy Mobile Services and so we know first hand the tremendous benefits that OT can make for children in the school environment.



LEARN SENSE GROW©

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Learn Sense Grow's mission is to provide a holistic service to address the learning and development needs of children within school, or home environments, creating opportunity for transference of skill and better outcomes. Best of all we can bring it to you through our mobile services.

We believe that by engaging with children in their most common environments, we can address their everyday needs and facilitate changes where it is needed most. Using innovative, current, creative and fun approaches to learning and behaviour, Learn Sense Grow can work together with teaching staff, parents and students to enhance learning and development.

At Learn Sense Grow we understand the key elements of children's learning, development, sensory issues, function and social cognition. By using the equipment and resources that a child has in their environment, we can teach kids the best ways they can use this, to provide sensory and emotional regulation and create a calm-alert state for their brain and bodies, to do their best learning.



WHY WE BELIEVE THAT OT INTERVENTION IS OFTEN BEST IN THE SCHOOL ENVIRONMENT:

- We like being able to see a child in their learning environment and support the teachers to assist the child's sensory, social, learning and motor skill development. It supports the families

by allowing them to spend their energy on other commitments and support for their child after school.

- For many children, it offers a much needed break in the day to be able to "reset". Many children with regulation difficulties, ADHD, ASD, Sensory Processing challenges or anxiety, work exceptionally hard in the classroom environment just to be there, let alone do productive learning! The activities we work on help the child to regulate their brains and bodies, to dampen their central nervous system, which then allows them to better attend, focus and concentrate on what is important.
- It reduces the time that the child is out of the classroom, instead of appointments in the day, allowing them more learning time.
- It offers consistency of strategies and support within the school environment.
- We get to use equipment and resources that the child has readily accessible, feels comfortable with and can learn to use to help them self-regulate.
- Transference of skills is much higher, and therefore outcomes are better, when they can be practised and used in their common environments, with real life experiences.
- Opportunity to have parent consults in our LSG studio during the school holidays for parents to enhance their knowledge and discuss the home environment needs and strategies to support.
- We get to support teachers with knowledge and understanding to help other children in their class/school, allowing the benefit of OT to reach other children to fill in small gaps in their development that might otherwise be overlooked.



- Learn Sense Grow has built sustainable and strong relationships within many schools where we provide services for children. In fact, the schools we have partnered with see it as a privilege and value the services we provide. Within these schools, it supports consistency of language and strategies for all students, creating an inclusive and holistic approach.
- It allows for opportunities to provide Professional Development to teachers within the school to enhance their knowledge and understanding of the challenges that today's child has, furthermore providing them with a toolbox of strategies to support the classroom.
- We can offer consultancy services and early OT screening to children, using a standardised OT assessment to determine gaps in early development and support children earlier to fill these gaps in their learning and development. Early intervention is key!

EVERYONE HAS DIFFERENT NEEDS AND PREFERENCES

At Learn Sense Grow we also offer our play studio, should the needs of the child or family be different. We appreciate that each individual circumstance is different and will provide you the option to suit your needs. For some families, we understand that our LSG studio offers different benefits for your child and we are happy to accommodate.

Contact us today to discuss what options might suit your child best.

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